

# BLOOM AT A GLANCE



Sex trafficking is a form of modern-day slavery that is happening right here in the Lehigh Valley. Due to its proximity to major highways, the Lehigh Valley is a hotspot for trafficking. It's happening at local hotels, truck stops, spas and online every day.

## **BLOOM'S PROCESS – *Who We Are:***

Bloom offers sanctuary and a continuum of care to heal, empower and employ women survivors of sex trafficking and sexual exploitation. Survivors experience safety and healing as they create a future through our emergency response, two-year residential program, pregnant survivor services and independent living houses.

Trafficked women arrive at our homes traumatized, terrified, physically and emotionally abused. The scope of their recovery is a long and complex one requiring a multidisciplinary approach to address severe trauma, medical needs, safety, shelter and so much more.

Our goal at Bloom is to provide survivors with a loving, structured and nurturing environment where women can gain back freedom and live a life without fear.

## **TWO-YEAR RESIDENTIAL PROGRAM**

### **PHASE ONE: *Welcome to the Circle (First 6 Months)***



The first three to six months are used for rest and recovery, medical and mental health treatment and exploration of goals for personal growth. Residents meet with their case manager and social worker weekly to assess milestones and achievements. Participants receive a weekly stipend for personal expenses until they have completed the first 90 days and then begin looking for part-time employment. Residents begin to participate in Bloom's Flourish workforce development program and in job training at one of our justice enterprises (My Sister's Closet or Bloom Creative Studio).

### **PHASE TWO: *Consider The Thistle (6 Months – 1 Year)***



Phase Two begins when a participant successfully completes the guidelines of Phase One. During Phase Two, participants begin working part-time either at a Bloom justice enterprise or with a community partner.

Participants continue to address medical and mental health needs and personal growth plans while being encouraged to further their education, whether it's obtaining a GED or attending college-level courses. During this phase, they continue to meet bi-weekly with their case manager and social worker to review and update individual and community goals.

### PHASE THREE: *Find Your Way (1 - 2 Years)*



In Phase Three of residency, participants work closely with Bloom staff to transition into independent living. Phase Three participants set the example and provide leadership by mentoring the newer participants in real-life community settings. Most of these women are working full-time and have established savings accounts where they learn how to budget their money.

### PHASE FOUR: *Sister for Life (2 Years and Beyond)*



After successful completion of the first three phases, participants graduate and become “*Sisters for Life*” who remain actively involved with Bloom and the community. Depending on each individual woman's circumstances and resources, she may transition out of the Residential Program three to six months before or after the graduation date.

*Sisters for Life* may attend weekly Bloom sponsored community meetings, plan/coordinate special events or outings, sponsor/mentor new participants, and/or volunteer to educate the community by sharing their stories in support of Bloom's mission.

## OUR HOMES

Bloom operates five residential homes in the Lehigh Valley:



Heather House



Jasmine House

The Heather and Jasmine Houses are two-year Residential Programs as outlined above.



Mountain Laurel House

The Mountain Laurel House is a two-year Residential Program for pregnant survivors as they heal, deliver and care for their baby.



Lilac House



Lily House

The Lilac and Lily Houses are independent living opportunities for program graduates as they transition to a new life of freedom.

Learn more about Bloom and the many opportunities to get involved in our mission at:

[www.BloomforWomen.org](http://www.BloomforWomen.org)

Contact Bloom: 610-866-5755 or [info@bloomforwomen.org](mailto:info@bloomforwomen.org)