

BIOGRAPHY

Lauren Brennan

Lauren Brennan serves as the Workforce Development Coordinator at Bloom for Women, where she leads initiatives focused on education, employment readiness, and long-term economic independence for survivors of sex trafficking and exploitation.

A survivor-leader and former Bloom participant, Lauren credits the program with playing a pivotal role in her personal healing and transformation. Her journey from participant to staff member fuels her passion for empowering women to reclaim their freedom, rediscover their strengths, and build meaningful, self-sustaining futures.

In her role, Lauren develops and oversees the Bloom Flourish workforce development programming that equips participants with essential professional skills, career pathways, and the confidence needed to thrive beyond Bloom's residential program. She is deeply committed to survivor-centered, trauma-informed approaches that honor each woman's unique journey.

Lauren was also a key member of the team that created Bloom's Barrier Wall Project, a powerful advocacy and education initiative designed to bring to life the systemic obstacles survivors face on their path to healing and independence. Drawing on both her lived experience and professional insight, Lauren helped shape the project into a nationally recognized tool for community education and legislative advocacy.

In addition to her work at Bloom, Lauren serves as a board member of the Lehigh Valley Anti-Trafficking Collaborative (LVAT), contributing to regional efforts to combat trafficking and strengthen survivor-centered resources.

Through her leadership, lived experience, and unwavering commitment to justice and empowerment, Lauren continues to help build pathways of opportunity, dignity, and lasting freedom for survivors in the Lehigh Valley and beyond.