

Lauren Brennan

Lauren Brennan serves as Workforce Development Coordinator at Bloom for Women, where she leads employment readiness and career pathway initiatives designed to support survivors in achieving long-term economic independence.

A survivor-leader and former Bloom participant, Lauren brings firsthand understanding to her work empowering women to rediscover their strengths and build sustainable futures. Her journey from participant to staff member shapes her commitment to trauma-informed, survivor-centered programming.

Lauren oversees Bloom's Flourish workforce development programming, which equips participants with professional skills, job readiness training, and individualized career planning. She works closely with participants to build confidence, remove employment barriers, and support long-term stability beyond residential programming.

Lauren also played a key role in developing Bloom's Barrier Wall Project, an advocacy and education initiative highlighting systemic barriers survivors face. The project has become a powerful tool for community education and legislative engagement.

In addition to her role at Bloom, Lauren serves as a board member of the Lehigh Valley Anti-Trafficking Collaborative (LVAT), supporting regional efforts to strengthen survivor resources and community response.

Through her leadership and lived experience, Lauren is committed to equipping survivors with the tools, confidence, and opportunities needed to pursue meaningful employment and sustainable independence. Her work helps bridge the gap between healing and long-term economic stability.